

## Travel Risk Assessment Form.

We are not a specialised Travel Clinic and therefore we need to place some restriction on what we can offer you as travellers. Your nearest Travel Clinic is Regent Street, Nottingham (Tel: 0115 947 5498) or Website: [www.masta.org](http://www.masta.org) – please contact if your itinerary is complicated, i.e;

1. Multiple Destinations – More than 1 country. Please note travel advice within the surgery is for the country and not specific areas due to be visited.
2. Prolonged Stays – More than 4 weeks.
3. Last Minute Travellers – Presenting **10 days or less** before departure.

Name:		Date of Birth:
Telephone Number:		Mobile Number:
Male	<input type="checkbox"/>	Email:
Female	<input type="checkbox"/>	

### Please Supply Information About Your Trip In The Section Below:

Date of Departure:	Flight Stop Overs:
Country to Be Visited:	Exact Location or Region:
City or Rural:	Length of Stay:
Have you taken out travel insurance for this trip?	
Do you plan to travel abroad again in the future?	

### Type of Travel and Purpose of Trip – Please Tick All That Apply:

Holiday:	<input type="checkbox"/>	Staying In Hotel:	<input type="checkbox"/>	Camping/Hotels:	<input type="checkbox"/>	<input type="checkbox"/>
Business Trip:	<input type="checkbox"/>	Cruise Ship Trip:	<input type="checkbox"/>	Adventure:	<input type="checkbox"/>	<input type="checkbox"/>
Expatriate:	<input type="checkbox"/>	Safari:	<input type="checkbox"/>	Diving:	<input type="checkbox"/>	<input type="checkbox"/>
Volunteer Work:	<input type="checkbox"/>	Pilgrimage:	<input type="checkbox"/>	Visiting Friends/Family:	<input type="checkbox"/>	<input type="checkbox"/>
Healthcare Worker:	<input type="checkbox"/>	Medical Tourism:	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

### Please Supply Details of Your Personal Medical History:

	Yes	No	Details
Are you fit and well today?	<input type="checkbox"/>	<input type="checkbox"/>	
Any allergies including food, latex, medication?	<input type="checkbox"/>	<input type="checkbox"/>	
Severe reaction to any vaccine before?	<input type="checkbox"/>	<input type="checkbox"/>	
Tendency to faint with injections?	<input type="checkbox"/>	<input type="checkbox"/>	
Any surgical operations in the past, including:	<input type="checkbox"/>	<input type="checkbox"/>	
Your spleen or Thymus gland removed?	<input type="checkbox"/>	<input type="checkbox"/>	
Recent Chemotherapy / radiotherapy / organ transplant?	<input type="checkbox"/>	<input type="checkbox"/>	
Anaemia?	<input type="checkbox"/>	<input type="checkbox"/>	
Bleeding / clotting disorder (including history of DVT)?	<input type="checkbox"/>	<input type="checkbox"/>	
Heart Disease (e.g. Angina, High blood pressure)?	<input type="checkbox"/>	<input type="checkbox"/>	
Diabetes?	<input type="checkbox"/>	<input type="checkbox"/>	
Disability?	<input type="checkbox"/>	<input type="checkbox"/>	
Epilepsy / Seizures?	<input type="checkbox"/>	<input type="checkbox"/>	
Gastrointestinal (stomach) Complaints?	<input type="checkbox"/>	<input type="checkbox"/>	
Liver or Kidney problems?	<input type="checkbox"/>	<input type="checkbox"/>	
HIV / AIDs?	<input type="checkbox"/>	<input type="checkbox"/>	
Immune system condition?	<input type="checkbox"/>	<input type="checkbox"/>	

	Yes	No	Details
Mental Health Issues? (Including anxiety, depression)			
Neurological (nervous system) Illness?			
Respiratory (lung) Disease?			
Rheumatology (joint) Condition?			
Spleen problems?			
Any Other Condition?			

**Women Only**

Are you Pregnant?			
Are you breast feeding?			
Are you planning pregnancy whilst away?			

Are You Currently Taking **Any** Medication? (Including; Prescribed, Purchased or Contraceptive Pill)

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**For Office Use Only. Vaccines Recommended For Travel:**

Tetanus / Polio / Diphtheria		MMR		Influenza	
Typhoid		Hepatitis A		Pneumococcal	
Cholera		Hepatitis B		Meningitis	
Rabies		Japanese Encephalitis		Tick Borne Encephalitis	
Yellow Fever		BCG		Other	
Malaria Tablets					

Any Additional Information:

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Authorisation for Patient Specific Direction (PSD) Use:

Assessor's Name:

Signature:

Date:

Prescriber's Name:

Signature:

Date: